

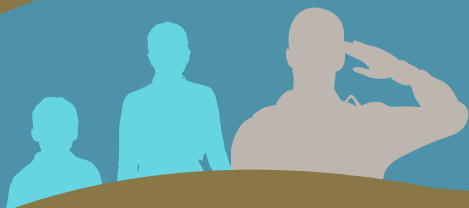


Service Member & Family Support Presents



Start Online Suicide Prevention Training

**Just 90 minutes of
your time could help
save a life.**



EVERYONE is encouraged
to take advantage of this
FREE training:

- Service Members
- Civilian Employees
- Military Volunteers
- Dependents

LivingWorks Start teaches valuable skills to everyone 13 and older and requires no formal training or prior experience in suicide prevention.

When you sign up for LivingWorks Start training, you'll learn the powerful four-step model to keep someone safe from suicide, and you'll have a chance to practice it with impactful simulations.

Safety resources and support are available throughout the program.

To learn more, contact christina.r.cernansky.ctr@mail.mil

This 90-minute virtual training can be completed by anyone 13 and older on any electronic device with internet.

[CLICK HERE TO REGISTER](#)